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- The Seeds of Change
- Thinking Fast and Slow
- The Error Rates of Every Kind of Human Activity
- Practice

defenses that protect us from the errors all of us can make 1 We all make errors – it's a matter of when, not if These errors follow a recurring pattern, and are 2 predictable and manageable Curiosity drives us to examine our practices and learn 3 from our errors 4 As employees, we are the solution, not the problem Excellence is not the absence of failure, but the 5 presence of process and defenses

Through continual learning, we constantly improve the

Science: You are Superman

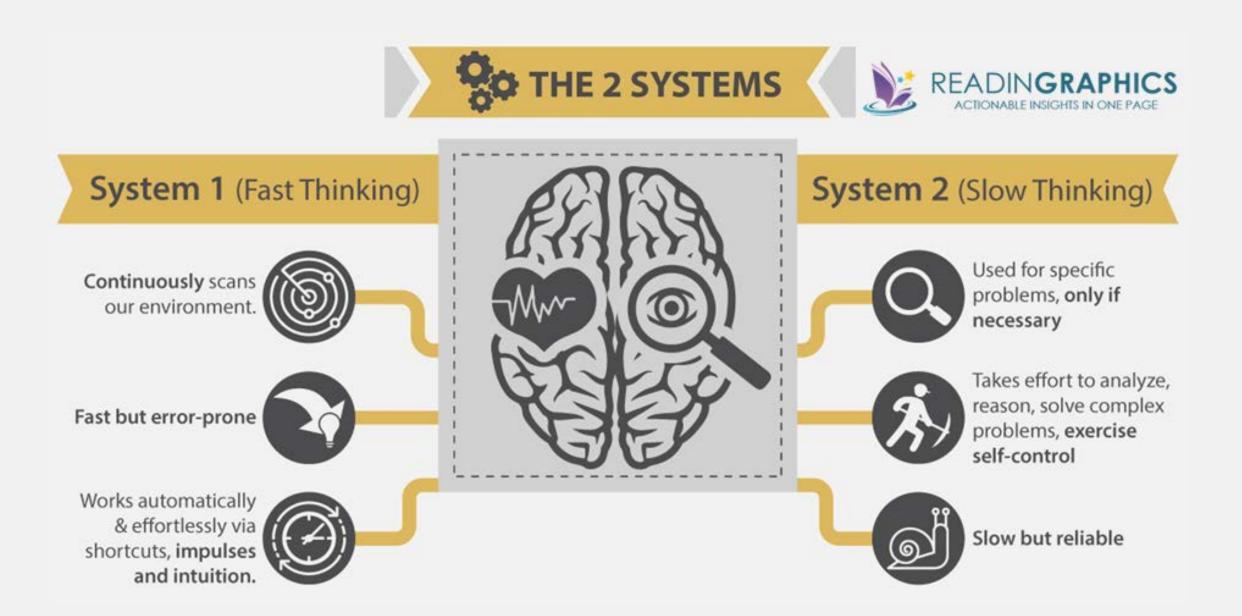
The "Fast" Brain



The "Slow" Brain



The incredible genius of the human brain is the combination of the two – and it is also our greatest weakness. You don't get one without the other, so we must manage them.



Overtaxed, stressed, tired or sick? You'll likely default to System 1.

Performance Mode	Description	Long Term Error Rate
Skill-based	Something I've practiced to muscle memory	1 in 1000
Procedure- based	Following a defined process or procedure	1 in 100
Knowledge -based	Everything else: the new, the unproceduralized, and the unmastered	1 in 2

The Miracle on the Hudson